



MMM e-Connect

Marwari Mitra Mandal (Singapore)

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Issue 10

Member's News Letter
(For Private Circulation Only)

20th July 2017

Welcome

We are pleased to present you this tenth edition of MMM e-CONNECT. The objective of these newsletters is to keep the members informed of the activities in the Mandal, recent developments and future programmes. Feedback and suggestions from the members are always welcome.

From the President's Desk

Ram Ram Sa!

It is my pleasure to communicate again with my fellow members, families and elders of our community in our attempt to bring together the Marwari families of Singapore. The newsletter is just another medium to bring together our efforts in bringing forward updates.

Annual General Body Meeting was held on 10th June 2017. We have taken the comments and suggestions from the members as guidance to us for the remaining period of our term.

No Society can run smoothly without active participation and support of its members. You all want to contribute to the society and Mandal provides you the platform for the same. Please mark your calendar for our forthcoming events and make it a point to participate with your family members and friends.

Once again thanks to all and we look forward to welcome you at our upcoming events.

Mr. Kamal Kishore
President - Marwari Mitra Mandal

EVENTS SINCE LAST NEWSLETTER

Annual General Meeting :

12th Annual General Meeting of the members was held on 10th June 2017. Management Committee report as well as Audited Financials for the year ending December 2016 were tabled at the meeting. After healthy deliberations and discussions, meeting unanimously passed the Management Committee Report and Financials for the year ended December 2016. M/S Natarajan and Swaminathan was appointed as auditors to audit the accounts for 2017.



Blood Donation Drive - 2nd July 2017

Our quarterly Blood Donation Drive was held at Sindhu House from 9.30am to 3.30pm on 2nd July 2017. The event was held in collaboration with Mountbatten CC, Mountbatten Indian Committee, Singapore Gujarati Society, Amber Neighbourhood Committee and Maharashtra Mandal Singapore.

In Search of Happiness - How I Start My Day

How you start your day? The first hour of morning is full of hope. The dawn of new day brings with it new positivity. Morning is the time when nature sends out its most delicate messages, and you are most sensitive to them. Listen to what is happening around you. Morning is times, when you tell your mind, 'don't rush'. Paying attention to mornings helps create miracles in life.

When you wake up, you feel alert and clear headed with no worries lingering from the day before. If you are focussed in the morning, it means you can have control over your life.

Here is an ideal way to start your day.

- Wake up by 6 or 6.30 and Stretch and smile
- Thanks GOD for giving -1- more day of life and resolve to spend day with Joy , Peace and energy
- Drink a glass of warm water (to stimulate regular morning bowel moments)
- Spend five minutes in reflecting some good things in your life and express gratitude to GOD. This will create a lot of positive energy in you.
- Look at Sun.
- Breath fresh air.
- Admire Nature.
- Celebrate feeling of being alive by listening divine music.

Spend next -1- hour as under:

- 30 minutes for morning walk and exercise.
- 30 minutes for Pranayama and meditation.

Avoid reading Newspaper in morning as it provides negative inputs which should be avoided when you are fresh. Otherwise it will impact your whole day. You may read newspapers in evening.

By sticking to this morning routine in full, you will experience exhilarating health and day full of energy and enthusiasm.

(Compiled by S N Sharma)

UPCOMING EVENTS- BLOCK YOUR DATES

22nd JULY 2017
TEEJ MILAN



Venue: Katong Park Tower Function Room, 114A
Arthur Rd, Singapore 439826 ([Map](#))
Date: Saturday, 22nd July 2017
Time: 5:30 PM onwards

23rd SEPTEMBER 2017
BHAJAN SANDHYA
At Sindhu house



19 AUGUST 2017
HARMONY CUP CRICKET MATCH



Harmony Cup 2017

Cricket lovers - Rush to register
for the annual Harmony Cup.
Come with family and friends
to support our team!

Marwari Mitra Mandal
vs
Singapore Gujarati Society

Venue: Dempsey Hill
Cricket Ground
Date: 19th August 2017
Time: 8:00am onwards

Registration closes on 27th July
Members interested in representing
Marwari Mitra Mandal should contact
Ajay Parakh @ 9277 5011 or
Ajay Kedia @ 9683 5151



15 OCTOBER 2017
DIWALI - A MUSICAL NIGHT

At the Ritz Carlton Grand Ball Room



Haryali Teej

"Hariyali Teej", also known as Hartalika Teej, Shingara Teej, a major festival celebrated by women, both married and unmarried, on the third day of the first fortnight in the Hindu month of Shravan in India.

It was on this day that Lord Shiva, impressed by her prayers, devotion and hard penance, finally accepted Goddess Parvati as his wife. The story goes that Goddess Parvati wished Shiva to be her husband but he was not easy to please and she had to prove her devotion and love to him, before she became the wife of the Lord of the Lords!

In reverence to Goddess Parvati and inspired by her determination which had even the unworldly Lord Shiva who resided like a hermit on the Kailash mountain make her his wife, women pray, fast for 24 hours, adorn themselves in new clothes, jewellery, apply henna on their hands, wear green bangles, sing and swing on this day.

चुटकुले

संता : मैं तो दुविधा में फँस गया हूँ.

बंता : वो कैसे?

संता : यार बीवी के मेकअप का खर्चा बर्दाश्त नहीं होता और मेकअप के बिना बीवी बर्दाश्त नहीं होती.. ७७

पति :- आजकल तुम न सिगरेट पीने से रोकती हो, न शराब पीने से और ना ही हेवी खाने से, क्या सब शिकायतें खत्म ?

पत्नी :- LIC वाला परसों ही फायदे बता के गया है . . .

दादा (पोते से)- तेरी टीचर आ रही है, जा छुप जा.

पोता- पहले आप छुप जाओ, आपकी मौत के बहाने मैंने दो हफ्ते की छुट्टी ले रखी है.

मनू: घर के सभी कीमती सामान छुपा कर रख दो मेरे दोस्त पार्टी करने आ रहे हैं

पत्नी: क्यों तुम्हारे दोस्त चोर हैं जो सामान चुरा लेंगे.

मनू: नहीं, पहचान लेंगे.

MEMBERS CORNER

The Members' column is being included in the newsletter to share news and achievements of our members. Members who want to send their articles, share their achievements or any other happenings with the society, are requested to forward us the details so that it can be incorporated in the newsletter. Articles for members' column should be their own creation and must not be offensive in their content. You can send your submissions to

newsletter@marwarimitramandal.com

Condolences

Shri Avinash Chandra jee Ganeriwala Father of Somesh Ganeriwala passed away peacefully on 26th May'2017.

Members of Marwari Mitra Mandal pray to the almighty for eternal peace to the departed souls and give courage to the grieved families to bear this irrevocable loss in life.